

Quick overview of the plan for the year.

**September**

- Soccer
- Dance
- Running (course de fond)
- Outdoor activities
- Health

**October**

- Soccer/Soccer baseball
- Volleyball
- Yoga
- Running games (4-5)
- Health

**November**

- Volleyball
- Yoga
- Throwing games
- Kick ball (indoor)
- Health

**December**

- Basketball (drills)
- Australian baseball
- Fitness (work outs)

-Health

### **January**

-Basketball (drills)

-little organized games

-Rounders

-Health

### **February**

-Badminton

-hand-eye coordination games

-Health

### **March**

-Badminton

-Line dances (7-8)

-Health

### **April**

-Badminton

-Flag Football

-Fitness

-Track and field

-Health

### **May**

-Track and field

- Team games
- Kick ball (outdoor)
- Health

**June**

- Track and field
- Little organized games
- Student choice
- Health